

Dr. Clyde C. Dollens
The Dentist on Jones Road
in the Yellow House

Today's Smiles



From the dentist

When I built my practice in 1979 I had no idea how important community could be to my practice. I knew most of my patients would come from the neighborhood and surrounding areas. The word “neighbor” had a different meaning to me then than it does today. It used to mean someone living nearby, today it means – my patients and friends.

I want to take a minute to thank you for allowing me to be your dentist and friend for over 27 years. I am looking forward to many more years as “*The Dentist on Jones Road in the Yellow House*”.

Have a wonderful holiday season,
Dr. Clyde C Dollens & Staff



Zoom! Whitening

Do you want to Zoom!™?

The Zoom! In-Office Whitening System is a revolutionary tooth whitening procedure. It's safe, effective and fast - very fast. In just over an hour, your teeth will be dramatically whiter. Zoom! Whitening is ideal for anyone looking for immediate results. The convenience of Zoom! in comparison to days of wearing trays and gradual whitening makes it the perfect choice for the busy individual.

Get ready to Zoom!

The Zoom! Whitening procedure is simple and painless. It begins with a short preparation to isolate your lips and gums. Then the proprietary Zoom! Whitening Gel is applied, which is activated by a specially designed light. Teeth typically become at least six to ten shades whiter, sometimes more. A five-minute fluoride treatment completes the procedure. You will be amazed with the results! In most cases, your teeth will get even whiter the first few days after the procedure.

How Zoom! Works

The Zoom! Light-activated gel was developed after years of research by Discus Dental, the leaders in professional take-home tooth whitening. The gel is a scientifically formulated, pH balanced hydrogen peroxide that, when activated by the Zoom! light, gently penetrates the teeth to remove deep stains and discoloration. With proper care and an occasional touch-up at home, your whiter smile will sparkle for years.

Digital X-rays

What We See Is What We Get

To improve your care we've invested in a new way of looking into your mouth—a procedure that's fast, and incredibly precise – digital x-rays. What's even more amazing is that we get an image immediately that is large, clear, and accurate, right next to your chair...ready for discussion. Digital x-ray technology speeds and simplifies the diagnostic part of your treatment, and most importantly allows us to provide a much higher level of care.

Reduced Radiation, Radical Results

Digital x-rays use 50-90% less radiation than old-fashioned x-rays. Additional benefits include the elimination of old fashioned dark room chemicals. Which is better for the environment. The highly detailed image of your teeth on our computer screen, can be rotated, magnified, adjusted for contrast, and even color-coded for educational purposes. Further, we can store it on our computer files, thus saving paper. For insurance purposes, referrals or patient education, it can be accurately reproduced any number of times. In summary, digital x-rays are faster, cleaner, and allow us to provide better quality care.

Do Your Teeth Care What You Eat?

The answer is a definite yes. Good nutrition contributes greatly to healthy teeth, gums, nervous system, and bones. By contrast, poor nutrition leads to poor dental health, lack of energy, poor self-esteem, and that relationship killer, bad breath. Your gums need proper nutrition to remain healthy and be less prone to gum disease. Poor nutrition can lead to decreased saliva flow, and that can cause extensive cavities and bad breath. Loading the mouth with a constant supply of sugars and starches allows the bacteria in the mouth to grow quickly and increase the risk of decay and gum disease. Soda is also very damaging. Not only does the sugar in soda help cause decay, but also the acids in the soda can dissolve your tooth enamel.

So what's the solution? Eat nutritious foods, and eat mostly at mealtimes, brushing immediately afterwards. If you must snack, choose raw, low-sugar fruits, raw veggies, nuts, cheese, plain yogurts, boiled eggs, herbal teas and flavored waters. Drink up to 10 glasses of clean water per day. With consistency, evidence shows that you'll not only please your teeth, but you'll revitalize your entire metabolism, improving body weight, physical endurance, mental alertness, and well-being.



Don't lose your dental benefits

Did you know that most people do not utilize their dental maximums? Each year you are given an amount by your dental insurance that will hopefully cover all of your needs for the year. Unfortunately if you don't use the benefits you lose them and start over with a new deductible for the next year. If you still have treatment that needs to be completed give us a call and we can review your plan to see how we can maximize your benefits.

That's a Fact !

On average, during the day, your mouth swallows 2,000 times, which helps flush out bacteria. At night, it swallows only 20 times, allowing bacteria to build up. That's why it's so important to brush before sleeping.....



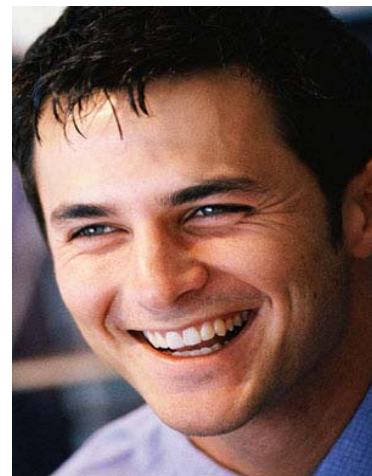
The Secret is Strength Crown & bridge can restore your smile

A crown restoration or cap can do wonders for your smile! The benefits of this natural-looking and durable restoration are evident even for inconspicuous zones like your side or back teeth! A single crown or a crown and bridge will eliminate gaps, drifting, crooked teeth or malocclusion (bad bite). The secret is in its strength.

A crown is used for protection and support when a tooth is weakened by a break, a fracture, or a very large filling. For one or more missing teeth, a bridge (one or more replacement teeth) can be anchored by one or more crowns.

Crowns and bridges restore tooth function and appearance. Beautiful materials that reflect light like natural enamel ensure the completely confident and natural-looking smile that everyone notices!

Ask Dr. Dollens if a crown or bridge can restore your smile?



Office Information

The Dentist On Jones Road

In the Yellow House

Clyde C Dollens, DDS
12607 Jones Road
Houston, TX 77070

Office Hours

Mon - Thur 7:00 AM - 5:00 PM

Contact Information

Office 281-469-6281
Fax 281-469-6291
Website www.dollensdds.com